CLAIMS

- 1. A topical lotion for relieving pain, swelling or inflammation comprising: <u>glycerine</u>; <u>lavender oil</u>; <u>and</u> the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in <u>heated</u> water [heated until hot and tiny bubbles have formed].
- 2. The topical lotion according to claim 1 wherein the water is filtered and magnetized water.
- 5. The topical lotion according to claim [4] 1 wherein the glycerine is vegetable glycerine.
- 6. The topical lotion according to claim [4] 1 wherein the topical lotion consists essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%.

- 7. The topical lotion according to claim [5] 1 wherein the topical lotion consists essentially of:
 - 0.1% lavender oil;

25% vegetable glycerine; and

- q.s. to 100% filtered oatstraw extract in filtered and magnetized water.
- 8. A method of treating pain, swelling, itching or inflammation comprising:

providing a topical lotion the lotion consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water[heated until hot and tiny bubbles have formed];

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and applying the lotion topically to inflamed, painful or swollen areas.

9. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following:

psoriasis; skin poisoning from plants, shingles; measles; chicken pox; boils; sun damage; burns; sunburns; acne; eczema; rosacea; dermatitis; insect bites; herniated discs; back and/or leg spasms; sore or damaged muscles, ligaments and tendons; bruising; headaches; and arthritis.

17. An additive comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water[heated until hot and tiny bubbles have formed];

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and a suitable carrier.

18. A hair or body product comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in <u>heated</u> water [heated until hot and tiny bubbles have formed];

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and a suitable carrier.

- 19. The body or hair product according to claim 18 selected from the group consisting of: body washes; shaving creams; shaving gels; shaving lotions; shampoos; conditioners; body lotions; moisturizing lotions; facial and wrinkle lotions; hand lotions; body creams; hand creams; facial creams; aftershave lotions; skin cleansing preparations; make-up removers; personal deodorants; suntan oil preparations; sunscreen preparations; sun block preparations; lip balms; aromatherapy products; massage gels; foot lotions; facial masques; pimple/acne preparations; facial and body firmers; pore size reducing preparations; styling lotions; and styling sprays.
 - 20. A process for preparing a topical lotion comprising: providing a quantity of oatstraw; providing <u>heated</u> water[heated until hot and tiny bubbles have

formed];

placing the oatstraw in the heated water;

steeping the oatstraw in the heated water, thereby producing an oatstraw mixture:

filtering the oatstraw mixture, thereby producing an oatstraw extract; and

mixing the oatstraw extract with glycerine and lavender oil, thereby producing a topical lotion.

- 21. The process according to claim 20 wherein the heated water is filtered and magnetized water.
- 22. The process according to claim 21 wherein the topical lotion consists essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%.

- 24. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following: leprosy; cold sores; colds and flu; sinus congestion; menstrual bloating; menstrual cramps; foot pain; parasitic infections; varicose veins; fibromyalgia; multiple sclerosis; cancer treatments; internal organ injuries; and brain and nerve surgery.
- 25. A topical lotion for relieving pain, swelling or inflammation comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in magnetized water.

26. An additive comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in magnetized water.

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- A topical lotion for relieving pain, swelling or inflammation comprising: glycerine; lavender oil; and the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water.
- 2. The topical lotion according to claim 1 wherein the water is filtered and magnetized water.

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- 5. The topical lotion according to claim 1 wherein the glycerine is vegetable glycerine.
- 6. The topical lotion according to claim 1 wherein the topical lotion consists essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%.

- 7. The topical lotion according to claim 1 wherein the topical lotion consists essentially of:
 - 0.1% lavender oil;

25% vegetable glycerine; and

- q.s. to 100% filtered oatstraw extract in filtered and magnetized water.
- 8. A method of treating pain, swelling, itching or inflammation comprising:

providing a topical lotion the lotion consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and applying the lotion topically to inflamed, painful or swollen areas.

9. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following: psoriasis; skin poisoning from plants, shingles; measles; chicken pox; boils; sun

damage; burns; sunburns; acne; eczema; rosacea; dermatitis; insect bites; herniated discs; back and/or leg spasms; sore or damaged muscles, ligaments and tendons; bruising; headaches; and arthritis.

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17. An additive comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%; and

a suitable carrier.

18. A hair or body product comprising:

a mixture consisting essentially of:

at least 50% oatstraw extract, said oatstraw extract prepared by steeping oatstraw in heated water;

at least 25% glycerine; and

0.1-0.2% lavender oil.

the sum of these three components being 100%; and

a suitable carrier.

The body or hair product according to claim 18 selected from the group consisting of: body washes; shaving creams; shaving gels; shaving lotions; shampoos; conditioners; body lotions; moisturizing lotions; facial and wrinkle lotions; hand lotions; body creams; hand creams; facial creams; aftershave lotions; skin cleansing preparations; make-up removers; personal deodorants; suntan oil preparations; sunscreen preparations; sun block preparations; lip balms; aromatherapy products; massage gels; foot lotions; facial masques; pimple/acne preparations; facial and body firmers; pore size reducing preparations; styling lotions; and styling sprays.

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20. A process for preparing a topical lotion comprising: providing a quantity of oatstraw; providing heated water; placing the oatstraw in the heated water;

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steeping the oatstraw in the heated water, thereby producing an oatstraw mixture;

filtering the oatstraw inixture, thereby producing an oatstraw extract;

mixing the oatstraw extract with glycerine and lavender oil, thereby producing a topical lotion.

- 21. The process according to claim 20 wherein the heated water is filtered and magnetized water.
- 22. The process according to claim 21 wherein the topical lotion consists essentially of:

at least 50% oatstraw extract;

at least 25% glycerine; and

0.1-0.2% lavender oil,

the sum of these three components being 100%.

- 24. The method according to claim 8 wherein the pain, swelling, itching or inflammation is caused by a condition selected from one of the following: leprosy; cold sores; colds and flu; sinus congestion; menstrual bloating; menstrual cramps; foot pain; parasitic infections; varicose veins; fibromyalgia; multiple sclerosis; cancer treatments; internal organ injuries; and brain and nerve surgery.
- 25. A topical lotion for relieving pain, swelling or inflammation comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in magnetized water.

26. An additive comprising:

the active ingredient consisting of oatstraw extract, said oatstraw extract prepared by steeping oatstraw in magnetized water.